

Surname			Given names			Sample date, time:	Requested by:
D.O.B.	Sex	NHI			Collected By:	Contact	
Care of		Location					

SENB Registration – please send samples to Specialist chemistry (fridge)

Tube 1 (Black cap or whichever tube your local lab uses) the following tests are required at your local lab, and results entered below

Biochemistry		Microbiology	
Protein:	g/L	Red Cell Count:	x10 ⁶ /L (< 5000, must centrifuge)
Glucose:	mmol/L	White Cell Count:	x10 ⁶ /L

Tube 2 (Blue cap, Starstedt CSF tube) send directly to Specialist Chemistry during business hours

DO NOT FREEZE THE CSF in the blue capped tube UNDER ANY CIRCUMSTANCES

Clinician Instructions:

The collection of CSF for Alzheimer's markers (Aβ1-42, Phospho-tau) can be collected at any time of day and fasting is not required. 2.5 ml of CSF is required in each of 2 different Tubes.

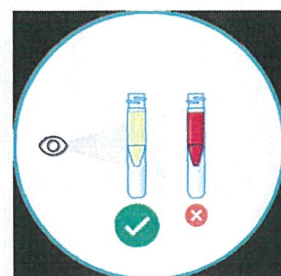
Tube 1 is the routine CSF collection Tube.

Note, If the CSF collected into Tube 1 is blood stained, collect a second tube 1, making sure that the CSF is not bloodstained before collecting Tube 2.

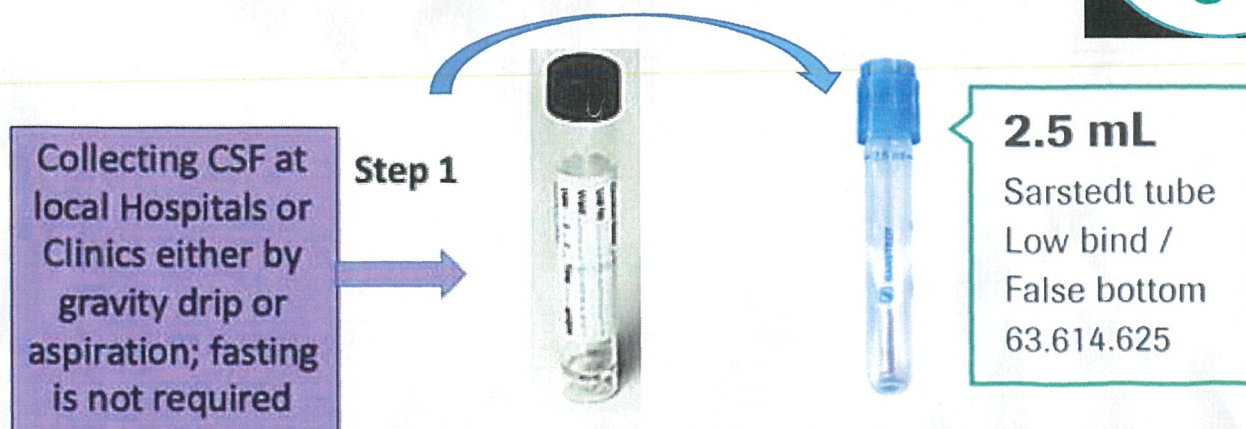
Tube 2 is a special polypropylene blue cap tube (CSF must go directly into this tube it cannot be decanted from Tube 1 or another tube)

Note, If the CSF collected into Tube 2 is blood stained the sample cannot be analysed.

Label tubes and send to Canterbury Health Labs, transport chilled, but not frozen.



Step 2: CSF directly into Polypropylene



Send Form & Specimen to:
Canterbury Health Laboratories
Cnr Hagley Ave & Tuam Street
CHRISTCHURCH

CHL will rely on the requestor to obtain informed consent for the requested tests & any additional tests to be performed by the laboratory